

## **SELECTED PATIENT EDUCATION MATERIALS** Used by California safety net clinics for patients with diabetes

### **LOW LITERACY MATERIALS IN ENGLISH, SPANISH**

IDAHO PLATE METHOD: Illustrated placemats help with meal planning:  
[www.platemethod.com/products.html#placemats](http://www.platemethod.com/products.html#placemats)

LEARNING ABOUT DIABETES: attractive illustrations, very low literacy text:  
[www.learningaboutdiabetes.org/lowLitHandouts.html](http://www.learningaboutdiabetes.org/lowLitHandouts.html)

\*MEDPIN'S HIGH VALUE MEDICATIONS PROJECT: (also in Vietnamese and Chinese)  
[www.medpin.org/freedrugs/high\\_value\\_materials.html](http://www.medpin.org/freedrugs/high_value_materials.html)

MIGRANT CLINICIANS NETWORK: [www.migrantclinician.org/resources\\_index/](http://www.migrantclinician.org/resources_index/)

### **OTHER MATERIALS IN ENGLISH, SPANISH**

\*AMERICAN ACADEMY OF FAMILY PHYSICIANS: [www.familydoctor.org](http://www.familydoctor.org)

AMERICAN DIABETES ASSOCIATION: [www.diabetes.org](http://www.diabetes.org)

\*AMERICAN HEART ASSOCIATION: [www.americanheart.org](http://www.americanheart.org)

BAYER HEALTH CARE: [www.bayerdiabetes.com/us/diabCare/aboutDiab/index.asp](http://www.bayerdiabetes.com/us/diabCare/aboutDiab/index.asp)

BD CONSUMER HEALTH: [www.bddiabetes.com/us/main.aspx?cat=1&id=294](http://www.bddiabetes.com/us/main.aspx?cat=1&id=294)

DLIFE: Online support site for diabetics: [www.dlife.com](http://www.dlife.com)

LILLY DIABETES: [www.lillydiabetes.com](http://www.lillydiabetes.com)

U.S. INDIAN HEALTH SERVICE (English only):

[www.ihs.gov/MedicalPrograms/Diabetes/resources/rde/index.cfm?module=catalog](http://www.ihs.gov/MedicalPrograms/Diabetes/resources/rde/index.cfm?module=catalog)

\*MEDLINE PLUS, NATIONAL INSTITUTE OF HEALTH: [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)

### **MATERIALS IN MULTIPLE LANGUAGES**

CHANGING DIRECTION WITH DIABETES

Patient resources and additional materials on this NovoNordisk site, requires free registration:  
[www.changingdiabetes-us.com](http://www.changingdiabetes-us.com)

NATIONAL DIABETES EDUCATION PROGRAM: [www.ndep.nih.gov](http://www.ndep.nih.gov)

PROJECT DULCE, THE WHITTIER INSTITUTE: [www.whittier.org/pages/pdresource.html](http://www.whittier.org/pages/pdresource.html)

\* *Information materials available for **high cholesterol** in addition to diabetes.*